

Former EHS coach and current teacher Jim Lewis is organizing a summer track program at Eastern High School this summer.

The meets will be held on Monday evenings with the field events beginning at 7:30 p.m. Sign-up time for events will begin at 6:45 and conclude at 7:30. Running events will begin around 8–8:15 p.m.

The meet schedule is essentially half of a regular track meet with sprint, hurdle and distance races proportioned evenly along with jumping and throwing events in the field.

“In this way, it does not take a long time to conduct the meets and any track athlete should have something each Monday he/she could compete in effectively,” Lewis said.

Awards are in the form of medals and ribbons.

Performance standards are established for males and females beginning at age 3.

Athletes who achieve the standard of a particular event during the summer, will receive a medal.

“If later in the summer they improve on that standard, they receive a blue ribbon denoting that improvement,” he said. “If they don’t achieve the performance standard but later in the summer improve upon the time or distance, they will receive a red ribbon denoting improvement of their efforts.”

Lewis said the objectives of this series is to give athletes of all ages a chance to compete in the optimal conditions of the summer, under the lights and in races where they can be challenged.

Running races are grouped in ability sections and not necessarily by age group.

There is a \$1 per event fee for those who participate.

Below is a summer schedule:

Track meets @ Eastern High School, 1100 N. Eastern School Rd., Pekin, IN

Week #1, Monday, June 3, Regular Series (7:30 p.m.), Events: Pole Vault, High Jump, Shot, 300 LH, 300 IH , 100, 400, 3200 Run.

Week #2, Monday, June 10, Regular Series (7:30 p.m.), Events: Pole Vault, Long Jump, Discus, 110 HH, 100 LH, 50, 800, 200, 1600 Run

Week #3, Monday, June 17, Regular Series (7:30 p.m.), Events: Same as Week #1

Week #4, Monday, June 24, Regular Series (7:30 p.m.), Events: Same as Week #2

Week #5, Monday, July 1, Regular Series (7:30 p.m.), Events: Same as Week #1

Week #6, Tuesday, July 8, Regular Series (7:30 p.m.), Events: Same as Week #2

Everyone welcome, please come dressed to participate; Restroom facilities available and starting blocks and field event equipment available.