

## Salem Bi-Centennial 2014 Collection of Recipes & History book

Written by George Browning

Tuesday, 30 October 2012 00:00 -

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The Bi-Centennial Celebration for Salem is in 2014.

There is a group putting together a book and need your help. It will be titled: Salem Bicentennial 2014: Recipes and History. Please look for and send me your favorite recipes....grandma's, great grandma's, Mom's and yours. This is the beginning of requesting them.

Paula Bortka Wells, member of Bi-Centennial Committee is creating a book to document some of the history of the county of Washington as it relates to health and food. Other members on this book committee include: Tim Rodman, David Bower, Peggy Huffman-Walters, D. Jack Mahuron, Joy Bierly, & Joseph Bortka.

This book will be a legacy to hand down to your children and grandchildren for sure if you live in Salem and Washington County or just want to show it off to family and friends far and near.

The book will contain recipes-contemporary and old time favorites. Please send your recipes and photos, Mom's, Grandma's, and other family favorites now & from generations past to: paulaborkawells@yahoo.com , Joy Bierly, Mayor Bower's Administrative assistant, at the City Hall, or drop off to Fox Purlee , at his business off the Square in Salem next to H&R bakery to be copied and returned if you do not have internet/computer opportunities.

Any monetary donations to be used toward the publication of the book can be sent to :

The Mid-Southern Bank

% Tim Rodman for Bi-Centennial Collection of Recipes & History Book

Hackberry Street

Salem, Indiana

47167

NOTE.....Your Donation is Tax-Deductible

Any proceeds from sales of the books will be set aside in a trust for the youth that have participated in the various ways when they graduate from high school.

Every 5th grader at Bradie Shrum Upper Elementary is providing art work to be included throughout the book. Thanks to Mrs. Rita Roberts and Jim Ralston for making this happen. As well, several middle school & high school students in all of the county schools are contributing art work and computer work for this book. I am also asking any "seniors" that are artist types to contact me about also contributing art work for some of the pages.

A junior at Salem High School, Joseph Bortka, is helping Paula design & lay out pages with the art work of the students and the typed recipes by Peggy Walters and also design the "section divider" pages.

We are asking for ten recipes per person. Every effort will be made to include as many as possible in the book. If it is a recipe of say, your great grandmother's-attribute to her by yourself.

St. Vincent's Hospital is sponsoring special pages on Healthy Eating, Lowering Sodium and cholesterol, in your diet and other health oriented information pages. Send any "home remedies" you may have or your ancestors had to keep them healthy. Please send any recipes or photos as well for home made products such as laundry soap, kids crafts, household tips for cleaning, etc.

We are calling for pictures and a brief history of any and all "food related" businesses in Salem and Washington County areas through out the past 200 years, i.e. groceries, restaurants, confectionaries, hatcheries, orchards, farms that have grown food for animals or people,

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harvesting, canning & preserving, pickling, butchering, curing meat, smoking, hunting, fishing, bakery. Not just those "official" businesses, as some of our ancestors prepared and provided things we eat in their homes and sold it.

If you have recipes or photos for wild game & fish, etc., please send them. Also any photos of your hunt or "catch". Include brief information, i.e. name, date, etc.

If you supply any photos, information or recipes for inclusion in this book or the other photo history book, you give the publication rights to the Bi-Centennial Committee. Any photos and history you provide may also be included in the other book of history by another sub committee within the Bi-Centennial Committee.

A web page has been established with information on Face Book. You may send things to it as well. Salem Bi-Centennial 2014 Collection of Recipes & History.

ne and add your name, too. If you have any photos of an old grocery, restaurant, inn, grain mill, harvest or butchering/smoking, (anything food related), in our county, etc. send those too with some information to include. Also looking for some of those old-time remedies for things and wild game, wine, etc. If you want yours included, send them soon. This book will be a legacy to hand down to your kids, grandkids, etc. for sure if you live in Washington County or want to show it off to those family and friends far and near. Watch for the News article in the Leader coming soon.

Here are some of the recipe categories. Please contribute yours (you too, men!) and your past family members by sending them to the editor: Paula Bortka Wells. Please type in Microsoft Word if possible. If you do not have computer access, or this software, you may drop off or mail to our Mayor's office to his administrative assistant, Joy Bierly, or email to Paula Bortka Wells at paulabortkawells@yahoo.com.

Appetizers, dips, spread, etc. Home remedies, beverages & libations, homemade household products, muffins, rolls, pancakes, waffles, etc., biscuits, noodles, dumplings, etc., Yeast bread, quick breads, sourdough, Cakes & icings, Eggs, canning, drying, pickling, preserving, jams, jelly, relishes, Persimmons, berries, paw paws, butchering, curing, smoked meats, Dairy-yogurt, cheese, ice cream, etc., cookies/bars/candy, Ethnic: Italian, German, Greek, English, Mexican, etc., Dried fruits, Grains: rice, oats, barley, wheat, rye, millet, etc., breakfast & brunch, nuts-black walnut, English walnuts, hickory, hazelnut, almond, pecan, peanut, Anything Apple, Gluten-free, Meats: beef, pork, lamb, goat, Wild game & fish, quail, pigeon, duck, goose, pheasant, deer, elk, bear, ground hog, rabbit, squirrel, poultry, chicken, turkey, etc., kid's healthy snacks, potatoes, sauces & marinades, slow cooker favorites, soups/stews, sweet treats, grilling & campfire, vegetables, seafood, vegetarian, holiday specialties, Pies, cobblers, crisps, Yeast bread, quick breads, sourdough, dried beans & legumes, hominy, etc., Eggs, mushrooms, homemade household products, kitchen crafts, corn meal, etc. Please send ASAP to ensure inclusion in the book which will become a legacy for future generations!

Send recipes, and photos, etc. soon to ensure inclusion in the book. Plans are to have it available for sale before 2013 Christmas gifting. Watch for "Updates" in the local papers.