

## Bank on Good Health scheduled for April 28

Written by Administrator

Wednesday, 01 April 2009 00:00 - Last Updated Wednesday, 01 April 2009 12:15

---

The popular low-cost health-screening program offered each year by the Scott County State Bank in cooperation with Scott Memorial Hospital is being held later than usual this year. The event is usually held in March, but weather concerns prompted moving the event to Tuesday, April 28. Organizers feel this is a better time for the screening program.

"We always worry about the weather in early March," said Scott Memorial Hospital Public Relations Director John Sheckler. "It is understandable that people would miss their appointments if the roads are covered with ice."

The free and low cost screenings at the 14th Annual Bank on Good Health screenings include blood pressure, blood sugar, body fat, cholesterol, metabolic profile, Hemoglobin A1c and men's PSA cancer screenings. Some of the tests require pre-registration. The registration phone line will not open until Monday, April 6.

"Scott County State Bank is proud to host this event for the 14th year," said SCSB President Syd Whitlock. "We want to help the community at any time and in any way possible. Events such as Bank on Good Health provide us these opportunities."

The Bank on Good Health screening program has helped hundreds of under-insured or uninsured people to keep track of their medical data. The current economic climate has caused many people to lose their jobs and their insurance. This is an opportunity for them to receive the most common tests at a considerably reduced price.

The cholesterol test is a full Lipid Panel testing, which in addition to the total triglycerides and cholesterol levels includes High Density Lipoprotein (HDL). The measurement of HDL is helpful to physicians in determining the risk of coronary heart disease. Bank on Good Health will also feature men's prostate cancer screening (PSA). This test is recommended for all men over 50 years of age.

The metabolic profile gives an indication of problems with kidney and liver function. The test includes, Calcium, Glucose, Electrolytes, Creatinine and BUN (Blood Urea Nitrogen). A test for liver function has now been added to the Bank on Good Health metabolic profile test. A new test this year, Hemoglobin A1c, is useful for diabetics. It shows a three month range of blood sugar levels.

The Comprehensive Metabolic Profile will cost \$20. The cost for PSA screenings, Hemoglobin A1c or Lipid panel screenings is \$10 each.

Bank on Good Health is one of two primary health fairs hosted each spring and fall by Scott Memorial Hospital with their community partners, Scott County State Bank and First Christian Church. These events help provide free and low cost health screenings for those who may not receive regular screenings through insurance. They also make it easier for Scott County residents to keep track of their health data.

Anyone Taking the Cholesterol or lipid screening tests should fast for 12 hours. Water and black coffee are allowed. Bank on Good Health continues to offer free blood pressure and blood sugar screening without an appointment.

Bank on Good Health will be held Tuesday, April 28, from 8:30 a.m. until 11 a.m. at the Scott County State Bank, 125 W. McClain Avenue in Scottsburg.

Pre-registration for Bank on Good Health does not open until Monday, April 6. After that date, people can register for the cholesterol, PSA, A1c or metabolic panel screenings, by calling Scott County State Bank during business hours at 752-45012.