

## ?2008 Women's Health Night will be held on October 28 at SMH

Written by Administrator

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? A night devoted to women and their health issues is scheduled for Tuesday, October 28, at Scott Memorial Hospital in Scottsburg.

Women's Health Night has been a popular event for the past several years at the local hospital. This year, women attending will get a sneak preview of state-of-the-art digital mammography equipment recently purchased by Scott Memorial.

Also included will be flu vaccinations, free bone density testing, free screenings and a selection of guest speakers. One of those speakers will be Dr. Suresh Kasaraneni, an orthopedic surgeon.

Pride of the event will be the new GE Senographe Essential mammography equipment. It allows precision imaging in a single exposure or view. The large detector is designed specifically for mammographies and offers the largest field of view in the industry. Digital capabilities also help the work progress quickly while providing capacity for interventional mammography procedures.

Hospital team members will offer free bone density screenings using an Achilles Heel Bone Densitometry machine provided by GE Healthcare. Since there is time for only 25 screenings on Women's Health Night, ladies interested in the screening must call the hospital at 752-3456 during business hours to register for a test.

Hope White, R.T. (R)(M) will be available that evening to help women who qualify to obtain free mammographies, which will be provided through a grant from the Indiana Breast Cancer Awareness Trust. The grant helps under-insured women in Scott county obtain this important cancer screening.

Julia Herald R.T. (R)(M) will explain the fundamentals of breast self examinations. She will offer free shower cards, helpful reminders that women can use as guides to perform self-screenings.

Staff of the Scott Memorial Hospital EmployCare will offer flu vaccinations at a cost of \$20 each. Medicare and Medicaid will be available.

Free blood pressure, blood sugar and body fat screenings will be offered.

"Screenings and vaccinations will be offered immediately after presentations by speakers," said Scott Memorial Hospital cardiac nurse Rebecca Roth R.N.C. "Hopefully, this will give everyone the change to listen to the dynamic speakers."

Roth and her sister, Hope White, are driving forces behind Women's Health Night. The event began as a Breast Cancer Awareness Night in honor of SMH team member Lula Belle Roll, a well-liked nursing assistant who died of cancer. The event has grown quickly, thanks to the efforts of several hospital staff members. Other important health awareness issues the team felt should be an integral part of community education efforts were added.

Those who attend will be eligible to receive door prizes and gifts and enjoy refreshments.

For more information on Women's Health Night, contact John Sheckler at 752-8542.