

?YMCA kicks off dance classes

Written by Administrator

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?Children and adults of all ages are being swept up in a nationwide revival of dance, and the YMCA of Southern Indiana is clearing the floor for local enthusiasts interested in exercise, skill development, or sheer fun.

The Y's lineup at 4812 Hamburg Pike in Jeffersonville includes ballet, jazz, and five types of ballroom dancing classes to capture the interest and the lively beat.

Professionals will lead a variety of sessions that are open to the public. To enroll or for more information, stop by the Y or call Julie Callaway, the Y's wellness director, at 283-9622.

Ballet and Jazz: Two levels

Preschool ballet classes will be offered for boys and girls ages 3 to 5 in a series of eight classes from 10:45-11:15a.m. on Saturdays from August 9 to September 27 and again October 11 to November 29.

Experienced dancer Amanda Westmoreland is the instructor, and no special attire is required. The cost for either eight-class series is \$42 for Y members and \$52 for guests.

Introduction to ballet and jazz for boys and girls ages 6 to 8 will be offered from 11:15a.m. to Noon on Saturdays from August 9 to September 27 and again October 11 to November 29.

Ballet shoes are required for the class. The cost for the eight-class series is \$52 for Y members and \$62 for guests.

Ballroom Dancing

Ballroom dancing takes center stage from 7:45 to 8:45p.m. on Wednesdays and Fridays with experienced instructor Doug Sipes at the following schedule: Session 1/Waltz from August 6 to 22; Session 2/Fox Trot from September 10 to 26; Session 3/Cha Cha from October 8 to 24; Session 4/Tango from November 5 to 21; and Session 5/Swing from December 3 to 19.

Each session is open to individuals and couples, and the cost for each six-class series is \$40 per person for Y members and \$50 per person for guests. Sipes recommends that participants wear any shoes with slick, solid soles.